



PSHE Policy

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Contents

Policy Statement:	1
Aims and Objectives:.....	2
Curriculum and Delivery:	2
Assessment and Monitoring:	3
Review:.....	3

Policy Statement:

At Brunel School, we value and prioritise the personal, social, health, and emotional well-being of all our students. Our PSHE (Personal, Social, Health, and Economic) education program aims to equip our learners with the knowledge, understanding, attitudes, and practical skills essential for making informed decisions, building positive relationships, and leading fulfilling lives.

Aims and Objectives:

1. To promote the development of self-esteem, self-confidence, and emotional resilience among our students.
2. To foster a safe, respectful, and inclusive learning environment where students feel understood and supported.
3. To ensure that all students have access to accurate, age-appropriate, and reliable information about physical and mental health, relationships, and economic well-being.
4. To empower students to make responsible and informed decisions regarding their health, relationships, and future aspirations.
5. To instill values such as empathy, respect, tolerance, and resilience within our students.
6. To provide a platform for open discussions where students can express their thoughts, concerns, and experiences related to PSHE topics.
7. To enable students to recognise and manage risks effectively, including online safety and substance abuse.
8. To support students in developing skills necessary for building positive and respectful relationships with peers, family, and the wider community.
9. To prepare students for the transition to adulthood, enabling them to understand their rights, responsibilities, and roles within the society.
10. To engage parents, carers, and stakeholders in promoting and supporting PSHE education both at school and home.

Curriculum and Delivery:

1. PSHE education will be embedded throughout the school curriculum. and adapted to meet the individual needs and abilities of our students. All KS3 and KS4 students will receive one timetabled lesson per week with a subject specialist teacher
2. The PSHE curriculum will cover a wide range of topics, including but not limited to Personal Identity, Relationships, Health and Well-being, Living in the Wider World, and Economic Understanding.
3. Our teaching methods will incorporate a range of strategies to accommodate different learning styles and cater to diverse needs.
4. Lessons will be interactive, engaging, and provide opportunities for students to discuss, share their experiences, and ask questions in a safe environment.
5. We will use a variety of resources, including visual aids, technology, guest speakers, and external agencies, to enhance learning experiences and broaden students' perspectives.
6. All PSHE lessons will be delivered by adequately trained and qualified staff, ensuring their understanding of the subject matter and the specific needs of our students.

7. Safeguarding and signposting to relevant support services will be an integral part of the PSHE curriculum to address the emotional and mental well-being of our students.

Assessment and Monitoring:

1. Student progress in PSHE will be assessed through ongoing observations, dialogue, and self-reflection.
2. Student feedback will be actively sought and used to inform future planning and improvements in the delivery of PSHE education.
3. The PSHE curriculum will be regularly reviewed and updated to ensure its relevance, accuracy, and compliance with statutory requirements.
4. The senior leadership team will monitor the implementation and effectiveness of the PSHE policy, ensuring it aligns with the school's overall policies and ethos.

Review:

This PSHE policy will be reviewed annually, considering feedback, evolving needs, and changes in legislation. The policy will be made available to all staff, parents, carers, and relevant stakeholders, fostering transparency and collaboration in supporting the personal development and well-being of our students.