

August 2026

Dear Parents and Carers,

Allergy Awareness at Brunel School

The safety and wellbeing of our pupils is our highest priority. We are committed to providing a safe, inclusive and allergy-aware environment where every child can participate fully in school life.

As part of our ongoing commitment to best practice, Brunel School has reviewed and strengthened its allergy procedures in line with the principles of Benedict's Law, which aims to improve allergy awareness and the management of allergies within schools.



Our comprehensive approach includes:

- A dedicated Designated Allergy Lead.
- A clear and robust Allergies and Anaphylaxis policy.
- Updates to Individual Support Plans for pupils with allergies.
- Annual allergy awareness and anaphylaxis training for all staff.
- Regular emergency anaphylaxis drills.
- Allergy risk assessments for lessons, educational visits, catering, Food Technology and school events.
- Clear allergen information for school meals and catered events. Allergens will now be listed on our lunch menu which can be found on our website.
- Emergency procedures, including the availability of spare adrenaline auto-injectors.

Keeping us Informed

Whilst no school can ever guarantee an allergen-free environment, we are committed to taking all reasonable steps to minimise the risk of allergic reactions and ensure staff are fully prepared to respond quickly and effectively should an emergency arise.

To help us keep every child safe, it is essential that we hold accurate and up-to-date medical information.

If your child has a diagnosed allergy, or if their allergy, medication or treatment has changed, please inform the school as soon as possible. This includes food allergies, insect sting allergies, medication allergies, latex allergies or any other allergy.

If your child has been prescribed an adrenaline auto-injector, please ensure that it is provided to school before its expiry date and that any updated Allergy Action Plans are shared with us promptly.

If you are unsure whether the school has the most up-to-date information about your child's allergy, please contact the school office.

We recognise the Medicines and Healthcare products Regulatory Agency (MHRA) guidance that, in an emergency, an adrenaline auto-injector (AAI) may be administered to any person for the purpose of saving a life. Adrenaline is the first-line treatment for anaphylaxis and, when administered into the outer thigh, is considered a very safe medication. Even if it's administered in error, it is unlikely to cause serious harm in most people, whereas delaying treatment for anaphylaxis can be life-threatening. We hold spare EpiPens, which are also taken on educational visits where appropriate. If you have any concerns about your child receiving an EpiPen dose of adrenaline in an emergency, including for religious reasons, please inform the school as soon as possible.

Supporting an Allergy-Aware School

We all have a role to play in helping to keep children with allergies safe.

We kindly ask parents and carers to support the school by avoiding sending food containing nuts or nut-based products into school wherever possible. Although we cannot guarantee that the school is nut-free, reducing the presence of these foods significantly helps to lower the risk for pupils with severe allergies to nuts.

We also ask that families follow any guidance provided for school events, educational visits and celebrations involving food, and encourage children not to share food with others.

By working together, we can help create a safe, respectful and inclusive environment where all children feel confident to learn, participate and thrive.

Further information can be found in our Allergy and Anaphylaxis Policy, available on the school website. If you have any questions or wish to discuss your child's allergy requirements, please do not hesitate to contact us.

Thank you for your continued support.

Kind regards,
Ben Clark
Operations Manager and Designated Allergies Lead.