Brunel School
170b Torquay Road
Paignton
TQ3 2AL

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Monday 2nd November 2026

Dear Parent/Carer,

At Brunel school, we want to promote healthy eating habits and ensure that all pupils have access to food and drink in a safe, structured and supportive environment. Our expectations are intended to support pupils' wellbeing, concentration and readiness to learn, in line with the Department for Education's guidance on school food and healthy eating.

Moving forward, please familiarise yourself with the following arrangements.

Breakfast

- Breakfast is provided by school and eaten in the hall between **9.00am and 9.20am**.
- We encourage pupils to make use of this provision to help them start the school day ready to learn.

Drinks

- Pupils are expected to drink water throughout the school day.
- Squash will be provided by school at breaktime and lunchtime only.
- **Energy drinks and fizzy drinks are not permitted in school.** We encourage pupils to make healthier drink choices.
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Snacks from Home

- Pupils may bring **one healthy snack from home** each day.
- This must be handed in at the front gate upon arrival.
- Snacks will be given to pupils in the hall, where they will eat them at the designated time.

Lunch Arrangements

School offers a variety of hot and cold lunch options. We encourage pupils to try the available choices and develop a positive relationship with food.
However, we recognise that some pupils may have individual preferences or difficulties with food choices. If your child does not like the variety of food offered by school, you may provide a **healthy packed lunch from home**. Packed lunches will also be eaten in the hall.

Please note that **Pot Noodles and other hot snacks** requiring hot water or preparation will not be permitted. This is to support safe and consistent food arrangements across the school.

Please take some time to **speak with your child about these arrangements** so they understand what to expect during the school day. We recognise that food preferences and eating habits can be particularly challenging for some pupils, and we will continue to approach these expectations with understanding and sensitivity.

If you have any questions or concerns about these arrangements, please contact your child's tutor so that we can discuss how best to support your child.

Thank you for your continued support in helping us maintain a healthy and positive environment for all pupils.

Yours sincerely

Emily Johnston

Assistant Head
Designated Safeguarding Lead

Special Partnership Trust